

BRIDGES

WEDNESDAY, SEPTEMBER 16, 2015

FASHION:

Woman's clothes reflect her travels across the continent **P. 10**

ON THE SCENE:

Broadway Street Fair attracts shoppers and strollers **P. 16**

WINE:

A wine that's perfect for the Friday family dinner **P. 19**



EMBRACING LIFE

ALVIN LAW HASN'T
MET AN OBSTACLE
HE COULDN'T OVERCOME

P. 4

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

ALISON LOHANS

No Place for Kids explores some dark issues

No Place for Kids (Wandering Fox Inc print, Heritage House Publishing, 2010), is the sequel to one of my books whose publisher went bankrupt more than a decade ago.

Originally written as the other side of the story for my Mystery of the Landhofer Criminal (Scholastic Canada, 1990), which was very popular with the young reader set, No Place for Kids is a darker novel for ages 9-12 that addresses questions of homelessness, alcoholism and self-reliance in children who lack the family stability that is so often taken for granted in our society.

Sisters Sarah and Jun have lost their

room to cancer. Following that demand for blues they lose their dad as well – to alcohol. No longer even with a place to live, they're inundated by drifting across Western Canada, bringing with them a catalog of "badies" of their father. Neglected, always hungry and fearing Social Services, the sisters go on the run, trying to get past a Wheaton poppy plantation to Vancouver, where they hope to reconnect with their aunt, Sherry-Ann, and with the younger Sarah suddenly having to take charge for the first time ever they get as far as Banff, where they must somehow manage to survive while trying to gather resources to continue their

dangerous journey.

The Wandering Fox line is a new Heritage House imprint featuring young adult and middle grade fiction.

The original version of No Place for Kids was a finalist for the children's literature category at the 2002 Saskatchewan Book Awards. It was featured in the Canadian Children's Book Centre Our Choice list, and received a spot on the Resource Links Best of 1999 list.

The book may be purchased from www.hbhpublications.com, Chapters/Mark's Books and Amazon.



ALISON LOHANS

Nuts About Nature At Beaver Creek Conservation Area



Hi! I'm Chip, My name's Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city!



Dear Chip,
What does nocturnal mean and why are some animals called that?

JANIC

Owls, moths and other nocturnal animals are active at night and sleep during the day. However, they don't stay awake in order to watch old re-runs on their TV or go to parties like we do. Instead, these animals perform their daily routines under the strand of the night sky. Scientists believe that prey species first got the idea when they found that there were fewer predators stalking them at night. Today predators like the cougars, foxes, coyotes and badgers look for their prey at night because they have special adaptations that allow them to see and react quickly. Some animals have large eyes with pupils that are as big as their irises, which is better at capturing light and allowing them to see in the dark. Owls also have special feathers on their wings that make them silent while in flight. Bats hunt their prey using echolocation which uses the returning sound waves or echoes to determine the size, shape, and distance of the prey. Join us at Beaver Creek on September 19th at 8 p.m. to learn about how you can help bats and other nocturnal animals and to get a chance to view the night sky with local astronomers!

Send your questions to me at the address below, then check Bridges for the answers.

Your pal, Chip

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Email: chip@meewasin.ca



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Motivational speaker Alan Law packs up after a talk with students at Thomas R. Riley School in Calgary on Sept. 10. PHOTO BY LERYN HENNEL/CALGARY HERALD

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Alan Law was born without arms, one of the 10 identical babies of the very rich. His adoptive parents, teachers and wife didn't give up on him, and after becoming a fixture on *Telemundo*, Law is now in demand around the world as a motivational speaker.

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Wondering what foods with more apples than pears? Fall winter. Photo: Robson Van An ideal fall option. PHOTO BY ERIN STONE

BRIDES COVER PHOTO BY LEAH HENNEL/CALGARY HERALD

Bridges published by The Star/Province – a division of Postmedia Network Inc. – at 204 Fifth Avenue North, Saskatoon, Saskatchewan S7K 2P4
Heather Parsons editor

For advertising inquiries contact 657-8340, editorial 657-8327, home delivery 657-6320. Hours of operation are Monday to Friday 8:30 a.m. to 4:30 p.m.

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ON THE COVER

People take things for granted, and when you have no arms you tend not to do that.

— Alvin Law

ALVIN LAW

Story of perseverance shared around the globe

By Sean Trembath

Alvin Law believes in the power of positive attitude. He has built it as ever out of telling people to live the best life they can with the tools they have been dealt, just as he does.

"People take things for granted, and when you have no arms you tend not to do that," he says.

Despite growing up in an era where there was much less awareness and infrastructure for people with disabilities, Law thrived in all aspects of life. Now, his life as a motivational speaker, he has brought his story to people on five continents.

In South Africa, he enjoys a near-celebrity status thanks to an appearance on Telesatradio. You might remember him playing the drums with his feet.

He isn't ashamed to trumpet his accomplishments, but at the same time he knows that everything he has done can largely be credited to the people who have helped him along the way — his adoptive parents, the teachers who didn't give up on him, his learning style.

"What they accomplished, that is to me it's the essence of that story," he says.

Law was born in Yorkton on Sept. 18. During her pregnancy, his mother was given thalidomide, a drug used to ease nausea and other symptoms for expectant mothers. At the time, no-one knew the consequences. Law and thousands more children would end up born deformed or with health issues.

Law was given up for adoption at just five days old. Although he says such actions will often pass when told this, he doesn't hold it against his birth parents. They were very poor and had two other children to take care of. Also, had they not done so, he never would have fallen into the care of the Law's, a Yukon couple who raised him to embrace the things he was capable of.



Alvin Law plays without his arms at Thomas B. Riley School in Calgary. Law came to the attention of the public through Telesatradio. PHOTO BY JOSH HORNELL/CALGARY HERALD

I wasn't being hidden in a basement, or shut up in a room. —Law



From an early age, his adoptive parents forced him to learn self-sufficiency. They taught him to do almost anything with his feet.

"My mom was brilliant. She would make me do things like thread a new die, or new buttons on a rag, to give me dexterity in my feet," Law says.

They also made sure he was a part of the community, making friends with other kids.

"I wasn't being hidden in a basement, or shut up in a room," he says.

The family lived across the street from a school in Yorkton, so whenever natural, he would go there. But this was the 1950s, and the public school system wasn't used to dealing with children with disabilities.

"Kids like us went to special needs-holding cells. That's what they were. There wasn't a curriculum, they were more like day care," Law says.

His parents weren't hearing that. They were determined he go to school with the rest of his friends, and he afforded the same opportunities.

"It was my dad who ended up taking to the principal and basically saying, 'Look, we don't know what he's capable of,'" Law says.

He did well in school. The other children already knew him from around town so the closest reason her being bullied until later, when he moved to middle school. Even then, he chalked the teasing up to standard adolescent stuff. It passed quickly once he gained more confidence and showed what he could do.

"It just amazed me how he could get around," says Kim Shewry, a former guidance counsellor and principal at Law's high school.

In particular, Shewry remembers

Law's persistence: "I never saw any come measure him being upset about anything," Shewry says.

Law credits his father with teaching him that anger was never the right path; it's something he carries through to this day as he speaks to crowds.

"I'm not up on stage bemoaning my life. I'm celebrating my life," he says.

Law during his high school



Here Law as a baby (left) and at 18 years of age. He says he was forced to learn to be self-sufficient. (PHOTOS COURTESY KATHLEEN LAW)



Here Law reads at his age 18, while in five pieces. (PHOTO COURTESY KATHLEEN LAW)



Here Law reads at his age 18, while in five pieces. (PHOTO COURTESY KATHLEEN LAW)

years that Law first came into the public spotlight. He was attending Camp Easter Seals, which caters to children with disabilities. A CBC television crew came out to do a news story and got footage of Law shooting a bow and arrow with his hands.

"The day after the story aired in 1981, Law was recruited as the Easter Seals 'Toughie' an ambassador

for the next year.

An able-bodied boy from St. Vital was the first year for Easter Seals. The work as a Tommy made him a natural choice for the program. People all over the province soon knew Peter the drummer alongside Brian Skar and Prairie Fire.

"A lot of people had never seen that," Law says.

For a time, he thought he would

become a musician. He was able to play trapeze with the help of a special stand that attached to a desk, and was soon selected as first chair for the all-star band of a national high school competition. There was no interest from some American universities, and talk of scholarships.

A conversation with Shewry got him thinking in a different direction.

"He had I should think about getting a job where having no arms was going to be inconsequential. What we came up with was broadcasting," Law says.

Hatched in Moncton, Law moved to Regina and worked as a radio DJ, playing vinyl records. He liked the job, but would soon switch careers and head down the path in the career he still has today.

Law started working with the Saskatchewan Abilities Council in 1981. The UN had declared it the International Year of Disabled Persons, and Law was hand-picked to speak at schools.

Then, in 1985, Nathan Howell, Condale's first ever national youth leadership conference. As a former member of the team, Law was instead chosen for the program.

"The people there really thought he was something else. That was kind of the sparkplug to everything he's doing now," Shewry says.

He name started spreading. In 1991 in 1991 Law decided to become a full-time professional speaker.

(continued on page 4)

The people there really thought he was something else. That was kind of the springboard to everything he is doing now.

—Ken Sherwin

He was successful enough to get by but had some trouble with the business side of things. In an era before the Internet, he found it hard to co-ordinate everything while being on the road so much.

"My preparation was getting out there that I was a really good speaker if you could track me down," he says.

A turning point came in 1996 when he met Durfino, who is now his wife. She had seen him speak at a conference in Alberta and was introduced when they were hanging out with mutual friends afterward.

"I think what got me more than anything was his total acceptance of who and what he was," Durfino says.

"There's able-bodied people who are not that comfortable with who they are."

They moved quickly. They met in March, went on their first date in June and moved in together in October. They were married in 1998.

Durfino, who describes herself as very approachable immediately that she could help him with the business side of his career.

"The first time I went to his place I noticed a large pile of paper on his living room floor. When I started looking through it I realized it wasn't just mail. There was nothing to speak, contracts, cheques, everything," she says.

As good as Law is on stage, that's how bad he was with the whole business end.

She took over the management and since they have never looked back.

Law went from speaking almost exclusively for students to teachers associations, then other associations, then corporations and conferences.

They moved to Calgary in 2000 and Law joined the Canadian Association of Professional Speakers.

Meanwhile he was working as writing his life story, an 11 year process he says was the hardest thing he has ever done. Here too, Durfino was instrumental. He gave her his first manuscript, which weighed in at 900 pages.

"She read it and said it was horrible," Law says, laughing.

Durfino encouraged him to find the same voice he uses on stage. If



Law Law goes up a back with his foot during the talk with students at Thomas R. Athey Secondary in Calgary. PHOTO BY LEAH HENRY/GALLOXY MEDIA

July 10, 2007: he published Law's Laws of Life, which recently went for its seventh print run.

Law says he has done more than 5,000 speaking engagements. He does around 300 a year and spends about 770 days a year travelling.

"What I have found most fascinating in my story is universal," he says.

"I can go to Thailand, and use a translator, and they appreciate my

story just as much as if I'm in Toronto."

Law tries to make his presentations less about his disability and more about positivity. He is sometimes self-conscious about the show offiness of playing drums or the piano with his feet, but understands the value it provides his message.

"What people always say is, 'Wow, of you can do that, what's my excuse?'" he says.

He has no intention of slowing down. Travelling and speaking are what he loves to do.

That's all I care, hope for, is to continue to do this until the end of my life," Law says.

Although much of his program stays the same, there is a palpable evolution that comes from his life experience.

"I'm a more mature version of Alvin Lee, and I think at this age goes by that will only prove," he says.

As long as he is able, Law hopes to use his personal story of perseverance to help others inside the best of their own lives.

"It's a very big responsibility that I've never taken lightly," he says. etremblay@phoenixmedia.com <http://www.phoenixmedia.com>

IN THE CITY

SEPTEMBER 13, 2015 — 12:36 P.M.

Soccer celebration



The University of Saskatchewan Huskies celebrate a goal against the University of Manitoba Bisons in CIS soccer action on Sunday. #16081 PHOTO BY LIAU RICHARD

RECIPE

APPLES

Baked galette brings smell of fall into kitchen

By Renée Kohlman

There's nothing like coming home from work and finding a basket of apples on your front step. A friend dropped them off recently from gifts from her prolific apple tree. When I called to thank her she said if I could take some more (testing a state of panic in her voice), I happily said yes.

They were beautiful apples, sweet, juicy and delicious so there was about 20 pounds of apples waiting my house until life as an orchard. Now I began to panic. While these are truly calm out of hand, one quickly turns messy

apples I soon began panicking them off friends who invited me over for dinner and my cousin who helped set up my new computer. They too, were happy to get the apples. Fall, circle, see?

These last behind I tucked into my crisper for snacking or baking with later. This past weekend I cracked about four quarts of spiced apple butter Southern on a scene, it's glorious stuff! And last but not least, this sort happened.

Now don't get me wrong, I love pie. I adore pie. But some days you just don't feel like all that rolling and filling and double crusting. That's why I

love the rustic simplicity of galettes. The pressure to be pretty and perfect is off. Simply roll out your pastry, spread it with an almond paste, top with sliced and spiced apples, fold over the edges and that's it. Bam-bam! you are done.

When it's almost finished baking, drizzle some deliciously delicious dulce de leche on top and let it bake some more. It adds the richness of caramel, without actually having to make caramel. I seasoned my apples with star anise, cardamom and cinnamon, but feel free to substitute nutmeg, cloves and allspice if that's closer to your liking.



Apple and Almond Galette with Dulce de Leche. PHOTOS BY RENEE KOHLMAN

BREAKING NEWS

EVERY DAY IN THE

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RECIPE

I encourage you to make degliy as the grains babies, the smell of fall is closer and finer. I also encourage you to serve this with a scoop or two of good vanilla ice cream while at it still warms from the heat between you and me. It makes a down home breakfast. Just add a scoop or two of plain yogurt, if you have an issue with guac.

Apple and Almond Gallete with Dulce de Leche

Pastry

- > 1 1/2 cups all purpose flour
- > 1/2 cup soft butter
- > 1/2 cup crushed biscuits chilled and cubed 1 large egg
- > 2/3 cup cold water
- > 1 large egg white
- > 2 lbs pound sugar 4 lbs ground almonds
- > 4 lbs sweet butter 2/3 cup oil
- mixed extract

- > 8 apples peeled, cored and thinly sliced
- > 1/2 cup fresh lemon juice
- > 1/2 cup ground star anise
- > 2/3 cup ground cinnamon
- > 1/2 cup salt
- > 1/2 cup sugar
- > 4 lbs dulce de leche

Ingredients

To prepare pastry in a large bowl stir together flour and salt. Cut in cubed butter until pea-sized bits remain. In a measuring cup, beat together the egg and ice water. Make a well in the flour mixture and dump in the egg. Mix with a fork until it comes together in a shaggy ball. Add more ice water if needed. Lightly dust counter with flour and shape the pastry into a half. Cut in half and shape each half into a

disk. Wrap in plastic and chill for one hour. Only need one disk of pastry for this recipe. Freeze the other half for another use.

In a small bowl, whisk egg white and powdered sugar together until frothy. Stir in ground almonds, melted butter and almond extract. Refrigerate while preparing rest of recipe.

In a large bowl, stir together apples, lemon juice, rest, spices and salt. If more space are evenly coat on apples.

Preheat oven to 375 F.

On a lightly floured surface, roll out the pastry to a 12-inch diameter circle. Fold in half and carefully place on a parchment lined baking sheet. Spread almond mixture over pastry, leaving a 1-inch border. Arrange apple slices in a cone-like crease (you may have a few left over). Sprinkle with coarse sugar and dot with butter. Prick edges



Apples should be peeled, cored and thinly sliced. Photo: Alan Sipress/Sipress.com

apple and bake for 30-40 minutes (until crust is golden brown) on the middle rack of your oven. Remove from oven and drizzle the Dulce de Leche on top of apples. Return to oven for another 3 minutes. Remove and let cool on a wire rack. Makes 4 servings.



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BRA CLINIC

No Flying Fee, No Slipping & Slipping & product available at
the time of fitting for purchase



WOMEN NEED TO KNOW ABOUT HEALTHY BRAS

Have you gone on a bra shopping trip, only to be frustrated, walking very empty handed? Jeuniqe International, founded in 1998, manufactures health bras based on the engineering of the Golden Gate Bridge (balanced load suspension). Shirley Melness (International Executive Director), a Certified Bra Fitter, is coming to Saskatoon for a 3 day Bra Clinic. Bras on the market with frills and lace may look nice, but they are not doing their job. (85% OF WOMEN ARE WEARING THE WRONG BRA!) A woman needs support from beneath the breast tissue. The Tab and the Jeuniqe/Lenique Bras both fit small to full figure, sports, maternity and mastectomy - 200 sizes and 3 styles to choose from 30A - 48KK, no bounce, no wires to gape or bruise or impeded lymphatic drainage and circulation. Does not ride up in the back or fall off the shoulders and promotes better posture. Switching to a custom fitted bra is like giving up a floppy pair of slippers for an orthotic shoe. Once women adjust to the uplift and snugness (a couple of weeks) you become a life-long client. Doctors, massage therapists, chiropractors often refer their patients to us.



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**ST. PAUL'S
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FASHION

SASKATOON FASHION

A multi-city wardrobe

By Sean Trembath

Dusty Rose is a designer filled with items from all over Canada and the U.S.

Her work as a software trainer takes her to New York, Chicago, Vancouver and anywhere else a client needs help. She jokes that the travel has stoked her shopping addiction.

I travel a lot to the U.S., and with the dollar it hasn't slowed down at all. I probably should but no, I'm still ridiculous at shopping, she says.

Her latest outfit starts with the blouse.

"I usually actually start with the shirts and work my way up. I look out what shirts I want to wear for the day and work an outfit around that," she says.

Her shoe collection along 8th neck and neck, wrapping around two walls. She has shoes from Paris, Israel and New York, along with local finds.

"When I see something in the store, I know I have to have it, and if I don't buy it I usually end up regretting it," she says. "If I like it, I always try to buy it, I can afford it."

Although she's always adding pieces to her wardrobe, she doesn't let things get so wild.

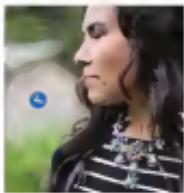
"It might be a long time between washes, but my closet is home because I keep a lot of things for years and years," she says.

Rose says there isn't a set sort of rules for her style. Content is key.

"It's basically whatever I feel like wearing, she says. www.dustyrrose.com



Have an outfit you've styled for an upcoming event?
Send a photo to bridges@thestarphoenix.com



This outfit is the type of thing Rose puts on when she is looking to impress.

"I would probably wear this to a gal-pal meet, or out to a fancy supper with a group of friends, or out on a date," Rose says.

1 JACKER: Bought in Vancouver. "It's a staple. I'm actually glad I'm getting cold so I can wear it."

2 PANTS: "I purchased them in Chicago last week. It's the first time I'm wearing it. I like the way the stripes compliment my coat. It's super fun and super comfortable."

3 SHOES: "These shoes were bought in Manhattan. New York. I bought them because of the neutral colour. They go with absolutely everything. I get complimented on them all the time."

4 NECKLACE: Bought at Mint. "It's by a Regina designer. It goes with virtually everything. I wear it with t-shirts, I wear it with a dress. All the time."



When dressing down, Rose likes to keep it simple and evenly, and leans toward black as the prevailing colour.

"A casual outfit always includes jeans. Anything I can casually wear with boots. And always comfortable. That's my main thing," she says.

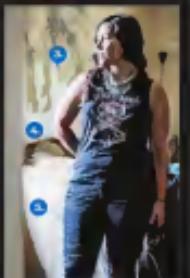
1 BOOTS: Prada boots from threads. "I have a small obsession with Prada boots, I feel like [boots] equal out my hips a bit. It's more of a girl thing."

2 Bag: Winona in Toronto, about \$140. "I've actually owned a backpack for a while. They're a bit more frumpy than this."

3 NECKLACES: H & M. "I joined two together to make more of a statement necklace."

4 T-SHIRT: H & M, about \$16. "It's such a great fabric. It's not really shiny, and it's black, so you can't go wrong."

5 JEANS: "I got these yesterday, black, of course. I like the distressed look. I spent a little bit more money on my jeans, shoes and jackets."



EVENTS

MUSIC

Wed., Sept. 16

Dave Williams:
TCU Rose,
3522nd St. E

Ferry Tumbull:
Buds on Broadway,
817 Broadway Ave.

**From the Facts w/ Genevieve and
Herculeus:**
Angus Tavern,
1005 Dufferin Ave.

**Henderson, Mettler, Polyz, Deser-
cious & Bodily/In the Polish Garage:**
Vergesia Tavern,
801 Broadway Ave.

Mama B and Freight Train:
Pizz's Pub and Grill,
1423 Idylwyld Dr. N

Thurs., Sept. 17

Undercover (Private):
Cinderella Restaurant & Lounge,
1-227 Pinhouse Dr.

Ferry Tumbull:
Buds on Broadway,
817 Broadway Ave.

10-Minute Detour:
Capital Music Club,
344 First Ave. N

**A Blue in Drag, Perverts, Pixie Lake
& Cockpit With Grimes:**
Vergesia Tavern,
801 Broadway Ave.

Fri., Sept. 18

Nightbirds:
Buds on Broadway,
817 Broadway Ave.

**Piano Finger: Neil Currie
Rocks Tavern/God's Fingers:**
The Basement,
204 Fourth Ave. N

Jett Rye:
Army & Navy Club,
343 First Ave. N

William and the Shadown:



Geno Wilburn has more than a dozen albums from which to draw material at 8 p.m. Sept. 16 at Hensley's on 102 Ave. (Photo by Getty Images)

Fairfield Senior Citizens' Centre,
103 Belmont St. E

Two Tall Stakes:
McNally Robinson,
3030 Eighth St. E

Forever Young:
Town Tavern,
3333 Fairlight Dr.

Echos and Emanitas:
O'Brien Event Centre,
261 Second Ave. S

The Stooges:

Capital Music Club,
246 First Ave. N

**ROMAING w/ Molina Galante and
Mostly Wanted:**
Vergesia Tavern,
801 Broadway Ave.

Bodies:
1423 Idylwyld Dr. N,
1403 Idylwyld Dr. N

**Legendary Rhythm & Blues
Review:**
Somewhere Else Pub & Grill,
2605 Broadway Ave.

Markland Stings:
Stark's Place,
306-110 Ruth St. E

Sat., Sept. 19

The Tenors: Under One Sky Tour:
SaskTel Centre,
3645 Thachter Ave.

Nightbirds:
Buds on Broadway,
817 Broadway Ave.

**Jazz Singers Series: Jazz Singer
Post: Six Singers featuring The Kite
Sextet Quartet:**
The Basement,
204 Fourth Ave. N

Jett Rye:
Army & Navy Club,
343 First Ave. N

La Vie Orale:
Downtown Leprosy,
608-610 Bowline Cres. W

Justice Day:
McNally Robinson,
3030 Eighth St. E

UPFront: Penne File and ShockFlesh:
Vergesia Tavern,
801 Broadway Ave.

Rebel:
Pizz's Pub and Grill,
1423 Idylwyld Dr. N

Legendary Rhythm & Blues Review:
Somewhere Else Pub & Grill,
2605 Broadway Ave.

Markland Stings:
Stark's Place,
306-110 Ruth St. E

Sun., Sept. 20

A acoustic Jam:
Buds on Broadway,
817 Broadway Ave.

**Blues Barbers: The 24th Street Wal-
ters:**
The Basement,
204 Fourth Ave. N

Markland w/ Devoteek, Priscilla and

Adlib:
Capital Music Club,
344 First Ave. N

Mon., Sept. 21

Maurice John Weaghen:
Buds on Broadway,
817 Broadway Ave.

Slam Twiz w/ Medillion:
Vergesia Tavern,
801 Broadway Ave.

Marlene Quan Kelly:
O'Briens Event Centre,
361 Second Ave. S

Tues., Sept. 22

Maurice John Weaghen:
Buds on Broadway,
817 Broadway Ave.

Ernest Erie's Pan Fried Blues:
Ben Tomato Grill,
223 Second Ave. S

ART

The Gallery/Art Placement:
Until Sept. 17 at 328 Third Ave. S.
Muttering, paintings by Diana Rose

Gordon Smilgevics Gallery:
Sept. 17-22, 10 p.m. in Room 101 of the
U of S Music Building. Artist talk with
Biliana Velickov. Artist talk with George Littlechild. Sept. 25, 12 p.m.

**Hanselstadt and Distinct Museums and
Gallery:**
Until Sept. 18 at 801 Main St., Han-
selstadt. Local Perspectives with Meeshem
Moonshee Gang. Ceramic Face Jugs by
Barrie Galloway and Hull Up Studios and
Storybooks by Bonnie Doyle

Art & Seller Gardens 2015:
Sept. 19-20, 10 a.m. to 5 p.m. at
Seller Gardens. 15 minutes from
stationary on Hwy 60. An annual
international show featuring artwork by
20 local and regional artists in
various media. The art show includes
free admission and parking.
Information and map at artsagardens.ca

EVENTS

Collector's Choice Art Gallery

Until Sept. 19 at 8250 First Ave. 81 Prints, landscapes and brushwork by John Weber; mixed media abstract paintings by Regena Davis and works by gallery artists. High resolution prints and reproduces by Shirley Thompson and collections of landscape by Jean Therriault runs until Oct. 3.

Haus Art Supply

Until Sept. 30 at 1616 Lorne Ave. Artwork by Saskatoon Art Teachers Reception Sept. 18, 2-4 p.m.-4:45 p.m.

The Gallery at Frances Morrison Cultural Library

Until Sept. 30 at 3101 33rd St. E. King of Birds by Dan Andre.

Hand Wave Gallery

Until Sept. 30 at 420 33rd Ave. In Meewasin. Leaf-shoot-thru-mesh, a thread art fibery exhibition by Denise Collier.

SKYART Art Gallery

Until Sept. 30 at 250 33rd Ave. S. We Need Strength. A collaborative graffiti and urban style exhibit.

Eye Gallery

Until Oct. 1 at 181-632 College Dr. Eyes. Saskatchewan Printmakers Association works. Reception Sept. 25, 6 p.m.-10 p.m.

Bipper Museum & Gallery

Until Sept. 30 at 103 103 Third Ave. W. The Biggar Award of History of Agriculture featuring the Canadian Land Art, photos of homestead homes and equipment, and a collection of farm machinery equipment.

Douge Gallery

Until Sept. 26 at 245 3rd Ave. S. Backyard Project by Kathleen Skeels.

SaskArt Collection House

Until Sept. 26 at 2015 81st W. Variations, works by Lee Laver. An illuminated sculpture display will be include 10 tees, 20, the night of Nutt Blanche.

Gallery on Third, Waterloo

Until Sept. 26 at 102 3rd Ave. E., Waterloo. Into the Wild: a group show of local and area artists.

Handmade House Showcases

Until Sept. 26 at 110 Broadway Ave. Paintings and wooden bowls by Gaild Property.

Station Arts Centre, Saskatoon

Until Sept. 30 at 110 Broadway Ave., Riversdale. Celebrating Local Photographers. Photographers will be in attendance Sept. 26, during Culture Days.

Urban Canvas 3.0

Starting in September, Monday to Friday, 10 a.m. to 3 p.m. Hosted by acrylGalaxy. A 29-week community-based art program for youth ages 16-30 who have artistic talent and face multiple barriers to employment. Providing training and life skills, as well as development coaching, empowerment and entrepreneurship training. To apply call 306-653-7550 or email acrylgalaxy@gmail.com.

Art in the Centre

Through September at Parkridge Centre, 110 Grooper Cres. Mixed media by the art group Metamorphosis & Friends.

Gallery on the Green

Until Oct. 1 at Market Mall, 2325 Preston Ave. Galleries Treasures, eSeek Team group exhibition.

Paved Arts

Until Oct. 17 at 424 20th St. W. Defender Girls, a video installation by Liisa Burke. Twelve calendar days, exemplifying different character types, enter landscapes representing the months of the year. Opening reception Sept. 18, 8 p.m.

Affinity Art

Until Oct. 17 at 803 Broadway Ave. Contemporary Jewellery by Melody Armstrong.

Market Mill Art & Gallery

Until Oct. 31 at Market Mill, 2325 Preston Ave. Playing with Please Prints, original prints from the Picasso banner project. In partnership with the Revival Modern Art Gallery of Saskatchewan.

Gallery on the Bridges

Until Nov. 30 at 2000 University City Hospital. Watercolours by Patricia L. Clarke.



On the Last Day by Dennis Cuthbertson on display at Hand Wave Gallery

Western Development Museum

Until Dec. 6 at 2010 Lorne Ave. Census Day, from the Canadian Museum of Immigration at Pier 21. Explore immigration! diverse personal Day experiences, from Confederation to present day.

Ukrainian Museum of Canada

Until Jan. 31 at 510 Spadina Cres. E. Down Home, a journey through our Saskatchewan, by photogalleria ukrainiuk.org.

THE FAMILY

Shop 'n' Stroll

Wednesday, 9:30 a.m. to 10:30 a.m., meet in front of Customer Service at Lennox Heights Mall. Classes consist of power-walking, body-stretching moves using exercise tubing and a stretching for juveniles and babies. Preregister at numbersnbodies.com.

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

Funky Artworks Fall Art Classes Fall classes for kids of all ages. Learn to Paint Art, Funky Applesauce, Journey in Art & Island Home. Where the art is. Information at funkycraftsmen@gmail.com or Facebook.

On the Climbing Wall

Daily, 10 a.m. to 4 p.m. in Bay 4 of 611 South Railway St. in Esplanade. Saskatoon's newest indoor playground! For children up to age 12. Visit climberzplay.com or their Facebook page.

Ran Factory Indoor Playground

Daily at 16330 Quebec Ave. Asken indoor playground for young children. Adults and children under one year are free. There is a separate fenced in area for children under one.

Children's Play Center

Daily at Lawton Heights Mall. A fun, safe environment for preschool children to play. Children must wear socks in the play area. Please note this is an un-supervised play area, and adults must stay with and supervise children at all times.

Market Mill Children's Play Centre

Daily just off the food court at Market Mill. This play area is free and has different level slides. Children must wear socks in the play area.

Present & Toddler Yoga

Thursdays, 6:30 a.m. to 10:15 a.m., and Saturdays, 10:30 a.m. to 11:15 a.m., at Yoga Life, 2-15 Third Ave. S. Classes taught by Alison Zettl for parents and their toddlers ages one to five. Introduce your toddler to the world of yoga. Classes include postures, poses, meditation, movement, play and song. Classes are six weeks. Register at thesaskyogalife@gmail.com, 306-265-8912.

Breakfast & Fitness

Thursdays, 6:30 a.m. to 10:30 a.m., at 1000 Lakeside Primary Health Centre, 3331 Mcleod Dr. A drop-in support group for breakfast/bedtime. Sessions will focus on lactation, a lactation consultant with a live educational presentation, and time for interaction with the other mothers.

EVENTS

Kid Yoga Classes

Ages five to 10 on Saturday, 11:30 a.m. to 12:15 p.m., homeschooled ages five to 10 on Monday, 10:15 a.m. to 11 a.m., at Yoga U.S., 2-10 Third Ave. S. Classes taught by Nine Zest. Helps kids regulate emotions, find focus, relaxation, self-awareness and inner fulfillment. Physically helps with balance, strength, flexibility, coordination and body awareness. Classes are six weeks. Register at freedomtomyself.com.

Prenatal Partner Workshops: Yoga for Children

Satdays, 10 a.m. to 4 p.m., with Birth Rhythms 2-18 Third Ave. S. Instructed by Nine Zest. Learn various tools and techniques to help you through labour and delivery. No previous yoga experience is required. Classes are six weeks. Register at freedomtomyself.com, 306-688-8832.

The Enchanted Ball

Sat. Sept. 30, 1 p.m. to 5 p.m., at the Sebastianus Inn, presented by King's Castle and river After Party Planning & Design. A children's event, where children dress as princesses and princes, dancing, king and queen crowning, face painting, balloons, pictures, treats and a live DJ. Tickets at picatic.com or at the door.

More and Baby Yoga

Monday, 11:30 a.m. to 12:30 p.m., at Yoga U.S., 2-18 Third Ave. S. Classes taught by Nine Zest. Formed with babies as young as six weeks. Tone and strengthen your body, learn relaxation and meditation tools and explore breath-work. Classes are six weeks—register at freedomtomyself.com.

Prenatal Yoga

Monday, 12:30 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 240 Third Ave. S. Beginner to intermediate yogaposed to help with postpartum recovery. Baby friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at yoga4moms.ca. No class on short holidays.

Canadian Light Source (CLS) Family Teas

Mondays, 1:30 p.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Registration is required. Call 306-687-3644, email outreach@rlc.ca or visit lichtsource.ca/education/public_teas.php.

Prenatal Yoga

Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 240 Third Ave. S. Taught by a doula and certified yoga teacher. Information and registration for one class. Instructor: Call 306-221-0443 or email margie@cls.ca. No class on short holidays.

Family Birth Years

Monday, until Oct. 19, 7 p.m. to 9 p.m., at Birth Rhythms, 2-18 Third Ave. S. A parent-to-be childbirth education series to prepare you for the birth of your child. Information at birthrhythms.ca.

Stay and Play

Tuesday and Wednesday, 9:15 a.m. to 11:15 a.m., September through April. For children up to age the same—structured, crafts, music, story time, toys, aesthetics. Email stayandplay@telusworldmail.com or visit the Facebook page.

Dynamic Grandparenting Workshop

Tuesday until Oct. 13, 10 a.m. to 12 p.m., at Seaskocean open door society, 120 Third Ave. N. Discuss communication, compassion, family and community harmony, and intercultural human values.

Anyone can register at seaskoceanconference.com. Contact 306-633-8834, valerie@seaskocean.net.

Bergin Reservoir Store

Wednesday and Thursday, 11 a.m. to 4 p.m., at Bergin Reservoir United Church, 44 Albert Ave. Thriftshop open, 10 a.m. to 4 p.m., and Saturday and Sunday during market hours. Head service and specialty shops are open.

Information at berginreservoirmarket.com.

Call 306-652-2200, scott@berginreservoir.com.

Playgroup

Monthly and seasonal events. Hosted by Prairie Heart Learning Community, a group of families inspired by Waldorf/anthroposophic principles. It is aimed at children ages two to five, but all ages welcome. Information on their Facebook page.

Bronze Reflections Handbell

led by Prairie Heart Learning Community, a group of families inspired by Waldorf/anthroposophic principles. It is aimed at children ages two to five, but all ages welcome. Information on their Facebook page.

Engineering For Kids

Children ages four to 14 can learn about technology and how engineers help it work. Classes camp, parties, event dates with the online STEM enrichment activities. Get information and register at engineeringforkids.ca/registration.php, 306-919-4155.

BRICKS 4 KIDS®/Seaskocean

Regular after-school programs, preschool classes and camps for kids of all ages at various locations in Saskatoon. An entrepreneur for students to build unique creations, and have fun using LEGO® bricks. Visit bricks4kids.ca/seaskocean or call 306-919-2159.

Saskatoon Public Library Programs

Ongoing daily programs for children and families. Find the calendar at [# SPECIAL EVENTS](http://saskpubliclibrary.ca/audreys1016)

Bookends Bookends' Market

Open year round. Wednesday and Sunday, 10 a.m. to 3 p.m., and Saturday 8 a.m. to 2 p.m., from 10 a.m. to 4 p.m., and Saturday and Sunday during market hours. Head service and specialty shops are open. Information at bookendsconference.com. Contact 306-633-8834, valerie@bookends.net.

Cheese die Mites Rehearsal

Thursday evenings starting Sept. 10 at 10:30 a.m. until 11:30 p.m., 44 Albert Ave. A mixed adult choir with a Frenchophone repertoire. Saskatchewan francophone choir is looking for new members to celebrate its 25th anniversary this season. Information at 306-343-9450, cheesediemites@sasktel.net.

SIFD Dances

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

www.starPhoenix.com/submit-your-events

Adult Community Choir

Rehearsals are Wednesdays, 6 p.m. to 7:30 p.m., at McLean United Church. New singers are being recruited to perform sacred and secular repertoire. Call 306-334-9773 or e-mail elizabeth@breakfast.net.

Gemini Night

Sept. 16, 7 p.m., at Cecilia Music Club, 244 First Ave. N. Hosted by Kathleen McLean. Tickets are at their Facebook page or at the door.

Country Farmers Marketplace et Génération Mall

Thursdays and Saturdays until Christmas, 10 a.m. to 4 p.m., across from Urban Planet at Confederation Mall. An indoor marketplace featuring home-cooked lunch, fresh vegetables, ice cream desserts, bread, Frenchies' sausage, cabanossi rolls, pretzels, souvenirs, sites, preserves, handcrafted items and home-based business vendors.

Gasper Show

Thursdays, 10:30 p.m., at Natoma Legion Hall, 3021 Legion Ave. Hosted by the Natoma Senior Citizens Association. Lunch and coffee are available for a fee.

Seniors' Math/Healthcare Hall Club Pilot Project

Third Thursday of the month in the multipurpose room at Lawson Civic Centre, 225 Princess St., 1:30 p.m. to 4 p.m., and the fourth Thursday of the month at Natoma Legion, 3021 Legion St., 1:30 p.m. to 4 p.m. Three presentations, blood pressure checks, an apneic pneumonia station and refreshments. Information at 306-552-2200, socsc@socsc.ca.

Cheese die Mites Rehearsal

Thursday evenings starting Sept. 10 at 10:30 a.m. until 11:30 p.m., 44 Albert Ave. A mixed adult choir with a Frenchophone repertoire. Saskatchewan francophone choir is looking for new members to celebrate its 25th anniversary this season. Information at 306-343-9450, cheesediemites@sasktel.net.

Stake Back the Night

Sept. 17, 7 p.m. to 11 p.m. and 7:30 a.m. onwards, starting at Third Avenue United Church. Help end violence in our community.

Stupendous September Spectacular

Sept. 17-18, 6 p.m., at The Refinery. Presented by the Meniere Boutique Company, a variety show celebrating the novelty, surreal, funny and bizarre. Tickets at 306-653-1917, thebozo.com, 419-4197.

Boxcar Performer Market

Fridays until Oct. 3, 9:15 a.m. to 5 p.m., at Boxcar Fine Hall. Information at 306-991-2159.

Karaoke Dance Club-Classes

Sept. 16, 25 and Oct. 2 and 9, 8 p.m., at the Alberta Community Centre. The comedian performs two shows. Tickets at boxcartheatre.ca.

Norm McDonald

Sept. 16, 7:30 p.m. and 10 p.m., at Redpath Theatre. The comedian performs two shows. Tickets at boxcartheatre.ca.

Story Circle for Adults

Third Friday of the month, September to June, 7:30 p.m. at the Unitarian Centre, 113 Second St. E. Bring a story or come to listen. The theme for Sept. 18 is jokes, tasks or quests. Portable chairs are welcome. Admission is free and donations are accepted.

Mountain Community Center's Clothing Depot

Saturdays, 10 a.m. to 2 p.m., at 3408 Fairlight Dr. Clothing for all ages, free baked goods from a local bakery. They take donations of clothing, footwear, accessories and toys. Information at 306-322-8732.

EVENTS

Country Harvest Marketplace Book Exchange

Saturday, 9 a.m. to 3:30 p.m., at Confederation Mall; across from Urban Planet. Confection lunch event Saturday until the harvest is over. They will be at the mall location on Thursday and Saturday, 10 a.m. to 4 p.m.

Saskatoon Christian Association Meeting

Thursday the third Saturday of the month, 10:30 a.m. May to September at the Log Cabin on the Exhibitor grounds, and October to April at the Irrigation Hall, 1021 Eighth St. E. New members are welcome. Information about the social group at: 306-382-4911, 306-373-1861

VX8 Street Food Fest

Sat., 10 a.m. to 9:30 p.m., along 8th Street Crescent. A street food and music festival with more than 20 food trucks. Information at: www.vx8.ca/street-food-fest.html

Pointe Rose #165

Sat., 9:30 a.m., at Auto Cleaning Motor Speedway, 1000 Model, Saskatchewan, ticket \$20/motor meal. Divisions competing are SLIM, mini-sportman and street. Tickets at the gate.

10th Annual Saskatchewana Gamefest

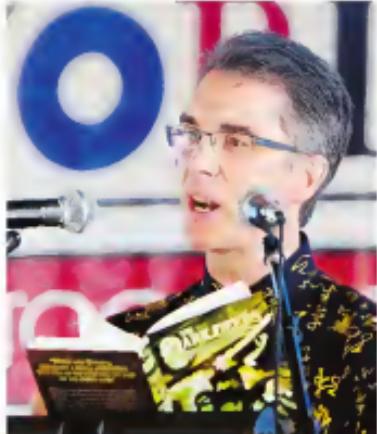
Sept. 19, 10 a.m. to 4 p.m., at Mewata Hall at the U of S, 51 Campus Dr. Hosted by the Saskatchewan Environmental Society, a showcase of local food and talent. With locally produced and prepared food, musical artists, live and silent auctions. Tickets at 306-975-3632, <http://www.sesask.ca/annual-gamefesta/> or www.eventbrite.ca/e/10th-annual-saskatchewana-gamefest-tickets-1700000.

Works in Progress New Dance Series

Sat., 7:30 p.m., at First Place Dance Centre, 220 12th St. E. featuring works by Mikala Lutzenhiser and First Place Dance. Evelyn Breen舞 and Mikala Lutzenhiser with Lisa Pei Tsakiris at the door.

Dark Skies at the Green

Sat., 7, 9 p.m. to 10:30 p.m., at Seaver Creek Celestial International Observatory the Moon Night with the Royal Astronomical Society. Learn about the night sky, view it through-



Saskatoon author Arthur Slade reads from one of his books during a previous *Read On The Street Festival*. This year's festival begins Sept. 20. PHOTO BY ERIC WILSON

telescope and learn about beta and nocturnal weather information at 306-372-2474.

Terra Del Sal/Pumpkin Festival

Sept. 19-20 and Sept. 26-27, 10 a.m. to 5 p.m., at Terra Del Sol Farm, down Valley Road. Pumpkins picking and carving, horse-drawn wagon rides, pumpkin patch, bale maze and games, games, workshops and fall decor for sale. Admission at the gate. Information at terra-del-sal.ca/pumpkin-festival

Saskatoon Comic and Entertainment Expo

Sept. 19-20 at Mewata Park. A two-day festival featuring comic, pop culture, sci-fi, horror, cosplay and cartoons. Artists, vendors, workshops, costume contests, celebrity panels and autograph sessions. Featuring William Shatner (Sept. 20 only), Edward James Olmos, Steve

Cederweis, Michelle Federer, Methane Delta, Charissa Martinet, Gillian Evans and Cary Nord. Tickets and information at saskcon.ca

Seven Ages Grecian Maze

Weekends through October, 1 p.m. to 7 p.m., at the Saskatoon Italia Cultural Centre on Cedar Villa Road. This year's theme is the Roman Coliseum and Other Historic Architecture and Culture of Italy. Information at saskitalia.com. Funds raised go toward the continued development of the Saskatoon Italian Cultural Centre.

Waiting At The Edge: Jay Witja

Sat., 20, 3 p.m. to 4:30 p.m., at the Mewata Valley Centre, 402 10th Ave. P. Presented in partnership with the Royal Modern Art Gallery of Saskatchewan and Riding City Art. Author Jay Witja hosts an all ages event that shares methods of respectively

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

PHOTO COURTESY OF THE STAR-PHOENIX

making art alongside other artisans. Information at 306-960-8408.

15th Annual Word on the Street Festival

Sat., 20, 10:30 a.m. to 9:30 p.m., City Square around City Hall. Friends Month on Central Library. A national book and magazine festival celebrating literacy for all ages. More than 40 Canadian authors reading from their latest books, including headliners Chet Koe, Michael Smith and Margaret Trudeau. Information at thewotst.com. canwestarts.ca

Bridle Spectacular

Sat., 20, 10:30 a.m. to 5 p.m., at TCU Place. Presented by 3D-E Marketing Agency. Featuing a selection of local welding professionals and internet fashion show. Tickets at tcuplace.com at the door.

Poll Caffè Party and Membership Registration

Sat., 20, 3:30 p.m. to 3:30 p.m., at the W.A. Edwards Family Centre, 333 Youth Ave. N. Hosted by the University of Saskatchewan Women's Union. Learn more about the social activities of the association of present and former women faculty and faculty spouses. New members are welcome.

SeedSmart Skills Lab Series

Sept. 22, 7 p.m., at SeedSmart, 202-226 30th St. N. Focus on developing the fundamental tools artists and music professionals need to build their careers. Write & Kill, Bear and Geet Sheet with Craig Silphart. Learn to earn up to 100% more in 800 words or less. Information and registration at 306-347-0516, <http://seedsmart.org>. Participants must pre-register.

IDCC Movie Nights: Human Capital

Sat., 23, 7:30 p.m., at Kinsmen Theatre. Presented by IDCC and Broadway Theatre. A trans woman from Chile named Yamila Venegas has a plan to finance a plan to get sex reassignment surgery. A doctor called by Yamila Venegas—Cristo—will follow the film. Admission at the door.

Off-Snowmobiling Farmers' Market

International Markets, 401 10th

Streets, 11 a.m. to 6 p.m., in the basement of Coors Westminster United Church, 265 10th St. E. Offering a variety of officially stocked food, clothing and accessories from India, Pakistan, Turkey and Mexico. New vendors welcome. Call 306-564-2360 or email phil@nwyco.ca.

Book Signing at McNally

Booksigning book signings at McNally Jackson, 3140 Eighth St. E. For schedule and information visit mccnallyjackson.com/mccnallyjackson_events.

English for Immigrant Class

Hosted by the Saskatoon Open Door Society. Improve English pronunciation and communication, and learn what you need to find work in translation. Information or registration at 306-250-4332, 306-653-4464, 306-250-4338, www.foods.sksu.ca/open-door/sdss.htm

#THEATRE

Waapsi and Soona and Musika and Spika

Sat., 20, 10 a.m. to 4 p.m. at Persephone Theatre. Females First! Star Mischa returns home to her dependent sisters with an attitude and a man, setting off a weekend of lust, melody, regret and reality. Tickets at 306-342-7777, persephonetheatre.org.

Michael B. Anderson

Sat., 20-21 and Sept. 23-27 at the Terfner. Performed by Saskatoon Shakespeare Lab. King Richard's wacky thronement to divide the herbs of England and drag his people into a 100-year and war. Tickets at 306-653-1951, saskshakes.ca

Gila Night: The Musical

Sat., 23, 7:30 p.m., at TCU Place. Playwrights and actors team up to help perform during a wild night of funtimes. They reminisce about their younger days, celebrate their current lives and look to the future while singing an array of classic anthems. Tickets at 306-933-7750, tcuplace.com

Want to submit? This community service section features unique, original, funny, poignant, touching pieces submitted by local writers. Submit them to bridges@thestarphoenix.com

OUTSIDE THE LINES

Colouring contest



Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product, and email it to bridges@thestarphoenix.ca. One winner will be chosen each week.



Last week's contest winner is Aubrey Hafner.
Thanks to everyone who submitted entries.



**"I support the Y because
I believe in quality child care"**

YWCA Saskatoon is working every day to improve the well-being of women, girls and families.

Find out how you can help at www.ywcasaskatoon.com (306)244-7034 ext 122



ON THE SCENE

BROADWAY STREET FAIR

The Broadway Business Improvement District presented its annual Broadway Street Fair on Saturday. The event included street performers, vendors, artists, musicians and dancers, attracting spectators and shoppers alike.

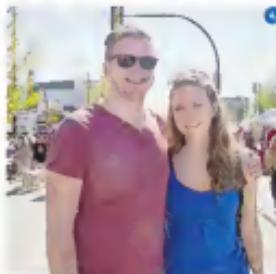
BRIODER PHOTOS
BY LIAM RICHARDS



1. Karen the Clown entertains at the Broadway Street Fair



2. Amanda Scott and Jason Koff



3. Dana Ray and Michelle Clements



4. Jeff Burdert and Leuton Doucet



5. The Alpha Kids perform a breakdancing demonstration



6. Ashton Goben with her dog Howie and Cassady McCormick



7. Kids enjoy the super slide

11. Classic cars were on display at the Broadway Street Fair

ON THE SCENE



#CROSSWORD

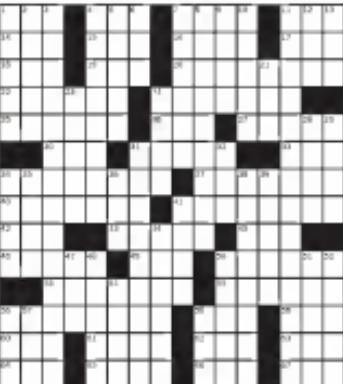
NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Word often when a person might interrupt a speech
- 4 Peter Parker's aunt in "Spider-Man"
- 7 Shower
- 10 A lot of words
- 14 Candy or a small gift
- 15 "Sob... sob..."
- 16 Believe in equality
- 17 Yards-like measure in tennis
- 18 Valley with "the"
- 20 Study or studies
- 22 Unique in a special way
- 24 Lovers in a hurry
- 25 Subject changing word
- 26 One who uses a sexual term
- 27 Customers at work
- 28 Count of "The Rocky Horror Picture Show"
- 29 The Award of Excellence of Warren Beatty
- 30 Our public resource parks go to waste?
- 34 Adjective for health or well-being after "be in"
- 35 Long and
- 36 Pedia
- 40 Sixty larger than
- 41 Points of entry
- 42 French and Italian language
- 43 Like them for
- 45 Standard contexts
- 46 Vowels
- 48 ...-er
- 50 Something set under one's nose, starchy
- 51 Not much
- 52 ...-er
- 53 ...-er disease known as a disease
- 54 The minute
- 55 Cause of "this... this"
- 56 ...-erly
- 57 Have a swell
- 58 City of NW Pennsylvania
- 59 ...-erly
- 60 ...-erly
- 61 ...-erly
- 62 ...-erly
- 63 ...-erly
- 64 Classical start

DOWN

- 1 The bridge to the River Jordan
- 2 The house Jesus built himself, say
- 3 ...-erly
- 4 ...-erly
- 5 ...-erly
- 6 ...-erly
- 7 ...-erly
- 8 ...-erly
- 9 ...-erly
- 10 ...-erly
- 11 ...-erly
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- 62 ...-erly
- 63 ...-erly
- 64 ...-erly



Puzzle by Tom MacCoy

JANERIC CLASSIC SUDOKU

Level Gold

Fill the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from easiest (Yellow) to Silver to Gold (Hardest).

	3		6	4				
4								6
	7	9			2			5
7		3			7	9		
2	2					1		3
9		6	8					
2	8			5	6			
3							2	
1	4		5					

Solutions to the crossword puzzle and the Sudoku can be found on Page 10.

GARDENING

GARDENING IN SASKATCHEWAN

Planning for spring? Plant a bulb today

By Erl Svendaen

It's hard to believe — fall is nigh and it's time to start planning for spring. I'm talking about planting bulbs. It's truly an act of faith when you can put a somewhat dried-up bulb in the ground in the fall, watch the leaves on the trees drop and then expect flowers to develop in the spring from seemingly nothing.

There are hundreds of different species and cultivars of bulbs (and bulblike plants) available to Prairie gardeners. More than just beauty and fragrance, there are tulips with blue petals, white splashes of green, double matucanae, striped, tall, dwarf, early spring, late spring, and more. Beyond tulips, there lies arcticous (Alaskan), spid. striped saffron, grape hyacinths, snowdrops, some frilly species that are not even imperial (frilly), iris and many daffodil crosses, narcissus and daffodils are not reliably hardy and hyacinths and paperwhites are definitely not.

Like natives, tulips — particularly tulips, daffodils and lilies — are graded and priced according to size and we expect to pay more for premium-quality bulbs. Purchase the largest specimens that you can afford. Large bulbs mean bigger plants with longer roots. Avoid damaged, mushy or soft heads.

Plant your bulbs as soon as purchased in a sunny, well-drained location. Sun exposure is important to reduce the damaging effects of winter. Planting depth and time, regardless of species or culture, should be planned at least three times deeper than they are tall. For example, if the bulb is a re-



Grow and store now: tulip bulbs are full of potential for spring splendor.



A row of tulips in short, light-colored tulips and narcissi in the spring garden.

stall, make the hole about 10 cm deep. Place slightly deeper in sandy soil. Initially dig the soil 10 cm deeper than required. Add some bone meal, bloodmeal or 3:1:6 to the bottom of the hole and just some of the soil back to make at the proper depth. Place the tulip, pointed end up, in the bottom of the hole. Cover with the remaining ascending soil.

Plant tulips in clumps of 3 or more for a natural effect and to maximize the visual impact of a massed planting. You can also plant tulips with ornamentals, annuals or biennials, extending the blooming period of your patch and add interest. Plant the longest tulips at their proper depth, cover with sand and plant the next longest at a shallower level (so plant blues at 25 mm and tulips at 30 mm).

Small species and cultivars (small grape hyacinths, snake's head fritillary and Tulipa tarda) should be planted near the edge of your border or near a path where they can be seen. Larger species such as tulips, lilies and ornamental onions can be planted for their look to be admired from a distance. Some small species like Scilla or Tulipa sylvestris can be planted under low-growing perennials. This provides shade and extra protection over the winter. After they die down, the ground can then be so dry you don't have to worry about disturbing them during the summer by planting something else in the space.

One version of a Chinese proverb is: "When you have only two pennies left in the world, buy a leaf of bread with one, and a bay with the

other." I say three station to wind and spend both pennies on tulip! Besides, you can always eat cake.

This column is provided courtesy of the Saskatchewan Personal Security (SPS) extension service (www.spsextension.ca). Check out our Balcony Board or Calendar for upcoming garden information sessions, workshops and tours. Sept. 26: Landscaping (SM) (morning); Sept. 27: Garden Pest Control (PM) (morning). Click out our Balcony Board or Calendar for upcoming garden information sessions, workshops and tours.

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WINE WORLD

WINE FOR UNDER \$20

A wine for the family dinner table

By James Romanow

I've been studying the "best under \$20" and "best around \$20" lists lately and noticed something remarkable: There are no American products on the lists (and if you're shopping in Canada there won't be at least till the bottle rows, maybe 18 years from now). Mostly the wines come from Spain and Italy.

If you really want a wine that will complement whatever you have planned for dinner you need say a Valpolicella. And if you know something about wine, try Possessioni Rosso, a wine from the Verona, which is to say the province of Trento-Alto Adige, in the Dolomites of Northern Italy and Trentino-Alto Adige of Southern Italy.

It's an excellent rosso was comfortable around Verona. The coarse bottle of regular working-life understand has markings of paper and chardonnay. Circle it at \$16. Their lack of pretension is reflected in their light, fruity yet dry style that just goes well with food.

Possessioni is a bit different, adding a touch of sangiovese to the mix of cerasus and matone for a little more structure and finesseability. Well, Ianto's kids did end up as cassis, and probably don't hang out with acetate, whereas other riff raff say no.

A bright cherry colour takes you into a bouquet that is loaded with blueberry blackberry



and plum. The palate is lean and very dry long. This is a must wine something you enjoy with stews and mushroom risotto and sausages.

I found this at Co-op but I expect the other private stores will either carry it or bring it for you. If ever there was a wine for a Friday family dinner, that's it.

Mail Possessioni Rosso del Veronese \$18 www.

Beer for autumn on Monday and a white for fall here next Wednesday. More on [twitter](#) @drbeers.

Crossword/Sudoku answers

BUT	MAY	TWIG	STY
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SPM	MRS	PANDOLIN	
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ANYWAY	AKA STEEP		
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5	2	3	7	6	4	8	1	9
1	4	9	5	2	8	3	6	7
6	8	7	9	1	3	2	4	5
8	5	1	2	3	7	4	9	6
7	6	2	4	5	9	1	8	3
3	9	4	6	8	1	7	5	2
2	1	8	3	9	5	6	7	4
4	3	5	8	7	6	9	2	1
9	7	6	1	4	2	5	3	8

Please Stand By...

We're working to serve you better.

SPL is modernizing existing branches, bringing a brand new location to Stonebridge and enhancing your online experience.

We're moving to a new computer system from September 17 at 9 p.m.–September 25.

Stay up to date on improvements and related service interruptions on the new, mobile-friendly and more accessible [saskatoonlibrary.ca](#).

All SPL locations will be closed September 23.

Regular hours resume September 24, with the exception of Carlyle King Branch, which will remain closed through October 4, due to renovations.



ASK ELLIE

Affair brings couple closer together in the end

Q I'm a man whose wife had an affair. We are at odds mainly that she did it through a dating site.

We used to counselling, she would bring "clients"—which was that I was very distanced at the time due to dealing with a dying parent; as did your wife. And it's worked.

I'm grateful that it was not a love affair with co-worker or someone I know whom there would be less harder for both of us to get past.

I take her that I loved her and wanted to still be with her into our old age, and she cried and said she wanted the same. We've been great ever since.

Made It Through

Al You took some of the steps that are absolutely necessary when trying to get past a spouse's affair. Most important, you acknowledged that there were reasons why she looked elsewhere.

You avoid the fact of having committed—albeit without intent—in her feeling lonely in the relationship.

And you did this in the presence of a professional counsellor who could help you both process the hurt, disappointment, and tentative hopes you both felt.

Then you opened your heart to a new beginning for your marriage, as did your wife. And it's worked.

Q I'm having trouble dealing with the way I think about my girlfriend's son. We're living together for six years—first as roommates, we made her our mom.

I get annoyed over stupid little things, regarding to her son.

I got a tattoo two days ago, and he has his own out. We keep noise in my room at night since he can't sleep rightly and we don't want him to hurt me.

My girlfriend sent me a text saying that her son is sleeping in my room so that my cat won't sleep the same. I'm actually because annoyed and slightly annoyed, but I responded with O.K.

It annoyed that both sleeping in

Ask Ellie



I don't want to hate him. I actually care about him, and love him.

He's smart, nice caring and funny. So how can I deal with this better; or what can I do? I feel like he has behavior sometimes doesn't define who he really is.

Confused &

At the problem lies in your relationship with his mother, not the son.

You need to teach an equal voice than that of space. If you don't want her son in your room, you should see another.

Or else you can presented reasoning the decision, instead of just suggesting it.

Moreover, all three of you have to discuss your situation as a couple and as a family.

You a teenager needs to be understood as such, but with some bound areas. And you and your partner need to be clear about your role as ... what? Stepmother? Housemate to both of them? Whatever it is, your

place there has to be understood and respected, too.

Q A friend and I regularly walk together. Recently I asked her if an other friend might like to join us. She immediately responded that the other lady really dislikes me. I was offended.

I never feel conflicted about our friendship, wondering how she can spend time with someone who dislikes me that much.

I want to distance myself from this friend. I'm not sure of my reaction, as warrant.

Feeling Betrayed

At: Go talk friends you'd need to know more. How long has she known about this attitude towards you? Why does her other friend feel such strong dislike? Why hasn't she told you before that?

The answers of forthcoming will either clear the air or leave you more sure if it's time to distance yourself.

Saskatoon's Newest Modern Age-in-Place Design Suites

HYDE PARK VIEW

333 Stinson Place
Saskatoon, SK

- Quartz Countertops & Large Islands
- Master En-Suite Walk-In Closet
- 9-Foot Ceilings
- Guest Suites
- 6 Appliances

- Outdoor Terrace with Hot Tub & BBQ
- Games Room & Exercise Room
- Hair Salons
- Workshop
- Three Elevators
- Heated Indoor Parking
- Radiant In-Floor Heat
- Huge Barrier-Free Shower
- Library & Movie Theatre
- Digital Video Security
- First Class Dining Facility

Life-Lease Suites for 50-Plus Adults with Personal Care Suites Attached

Hyde Park View is transforming the concept of adult housing in Saskatoon! This new 50-plus housing development is ideally located across from Hyde Park and is surrounded by many parks and facilities in Lakeside / Rosewood.

Life-lease rates are pre-selling with 19 units still available in the remaining 4 5-story building. Floor plans range from 821 to 1362 square feet, including one bedroom plus den, two bedroom and two bedrooms-plus den suites.

Age-in-Place Design includes 36-inch wide doorways, spacious floor plans and a few-foot-wide walk-in-able shower enclosed in glass.

Every life lease suite includes an indoor parking stall in the garage, heated parkade, with adjacent individual dry walled storage rooms. Residents enjoy free access to the numerous attractive amenity spaces.

When independent living becomes a challenge, individuals can move to the specially designed units where personal care is offered 24 hours a day. Call Shelley Davis at (306) 612-3338 and visit www.hydeparkview.org online for more information. We are also invited to drop by Blue Lodge (7123 Mac Avenue) between 8am and 4pm to pick up a sales package.

Above Your Expectations!

306-612-3338

Contact
Shelley Davis

www.hydeparkview.org